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DEPRESSION-FREE FOR LIFE: A PHYSICIAN'S ALL-NATURAL, 5-STEP PLAN

> William Morrow & Company. Paperback / softback. Book Condition: new. BRAND NEW, Depression-Free for Life: A Physician's All-Natural, 5-Step Plan, Gabriel Cousens, Mark Mayell, A customized, drug-free program that attacks the biochemical roots of depression -- with a 90% success rateNot all depressions are alike. And despite the attention given to Prozac and other drugs, there quite literally is no magic pill. Instead, writes Dr. Gabriel Cousens, someone who suffers from depression needs a customized, individual program, one that attacks...

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- Authored by Gabriel Cousens, Mark Mayell
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