



## Adventuring: It Is Not Just for the Young and Strong (Paperback)

By John R Hook

iUniverse, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Think of the most amazing adventure story you have ever heard about, read about, or watched on film. How did it make you feel? Probably excited and inspired - and possibly a bit envious, and yearning for more adventure in your own life. It happens to all of us. And too often we dismiss the thought out-of-hand. After all, isn't adventure reserved for the talented, the young, the strong? Author John Hook says: No! Adventure is available right now to all of us, regardless of our age or physical limitations. He makes his point by broadening the definition of adventure to include the pursuit of any goal that may be beyond one's reach. The goal can be physical, intellectual, emotional, or even spiritual. He then validates his concept with a host of fascinating true stories of adventures of all types. The author's goal: To extend your thinking of possible adventures for yourself - and inspire you to never give up the search for new adventures. Bottom line: If the prospect of a richer, more exciting life appeals to you, read...



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