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## Doodles for Travelers: 50 Scribbles Ready for Coloring (Paperback)

By Wendy Zurbowich

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Each book in the Coloring Books for Grownups series contains 50 outline drawings ready for coloring, and is designed for older children and adults of all ages who are looking to escape the stresses of modern living and simply relax. This, the tenth book in the series has been compiled using a range of designer doodles focusing on world travel.

Doodling is something that we have all done at some time in our lives and indeed most people have oodles of doodles, or scribbles, to their credit. One great advantage of choosing a doodle book is that it gives you variety and really lets you express yourself, since there really are no rules when it comes to coloring doodles. Coloring for grown-ups is very popular today and there are many explanations for this interest. Some of the reasons for its popularity include. Coloring Relieves Stress And Anxiety Psychiatrists have long known that coloring relaxes the fear center of the brain and permits your mind to get some rest. Indeed, Carl Jung, the founder of analytical psychology, is known to have given his...



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