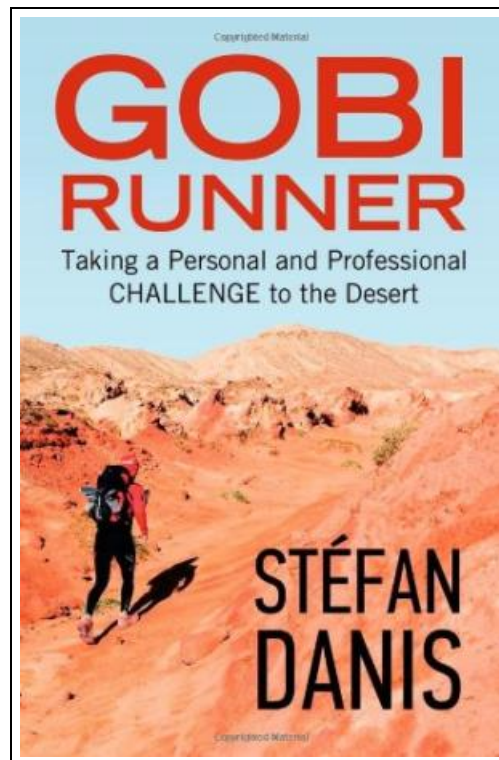


Gobi Runner: Taking a Personal and Professional Challenge to the Desert (Paperback)



Filesize: 2.3 MB

Reviews

Very helpful to all of class of folks. This is certainly for all who statte there had not been a worthy of studying. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Jayda Lehner Jr.)

GOBI RUNNER: TAKING A PERSONAL AND PROFESSIONAL CHALLENGE TO THE DESERT (PAPERBACK)



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BPS Books, Canada, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In the midst of a devastating year for his and most businesses, Stefan Danis searched for a challenge that would get him in physical and mental shape for what lay ahead, inspire others in similar situations, and raise funds for those in his industry who had fallen on even harder times. With only a vague understanding of what he was getting himself into, he settled on the Gobi March, an unaided 250-kilometer foot race in the Gobi Desert of China. Now, in this captivating story of mind over matter, he shares how he overcame the challenges he faced #8212 from extensive training to injuries that nearly kept him from the race to running in blazing heat on stones, sand, through rivers, and even up mountains #8212 and made it to the finish line, stronger and better equipped for what lay ahead. #8220Stefan s desert adventures have taught us all about how to beat the bad news and win A must read.#8221 --Jim Warrington, Executive Director, NABS #8220Within us all survives that child with the #8216crazy#8217 dreams and #8216unreasonable#8217 ambitions. May we all, like Stefan in this book, allow that child to flourish.#8221 --Mehmet Danis, winner, Atacama Desert Crossing #8220 an excellent reminder that anything is possible when you choose to put your soul into it and refuse to fail.#8221 --Howard Breen, President, HBideation, author of A Page from a CEO s Diary Stefan Danis is the CEO of Mandrake and NEXCareer. He and his wife and two daughters live in Toronto.



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