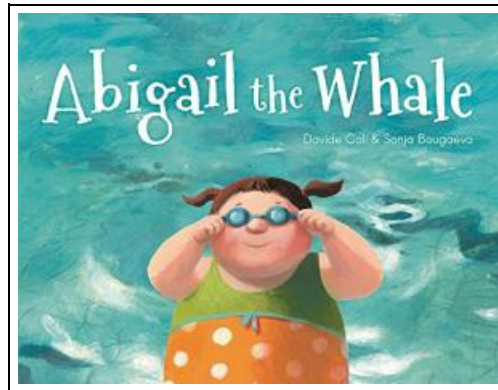


Abigail the Whale (Hardback)



Filesize: 3.96 MB

Reviews

This book is very gripping and exciting. I was able to comprehend everything out of this written e publication. You will not truly feel monotony at any time of your respective time (that's what catalogs are for concerning should you question me).
(Eulalia Schamberger)

ABIGAIL THE WHALE (HARDBACK)

[DOWNLOAD](#)

Owlkids, 2016. Hardback. Condition: New. Translation. Language: English . Brand New Book. Abigail dreads swimming lessons. Every time she dives into the pool, she makes a big splash, and all the girls in her class shout: -Abigail s a whale!- Abigail can see that she is larger than the other girls. She feels huge, heavy, and out of place. Abigail s swimming teacher takes her aside and points out: we can change how we see ourselves. He offers a creative visualization technique she can use to feel bolder, more confident, and more accepting of herself. Abigail tries it out in challenging situations that week--walking home in the dark, eating her vegetables, trying to fall asleep. Illustrations in the book show her perspective morphing powerfully to match her new thought patterns. Next time she s in swimming class, instead of feeling heavy, Abigail thinks sardine, eel, barracuda, shark! She starts to figure out how to draw on mindfulness, creative thinking, resilience, and positive self-esteem to embrace exactly who she is. This picture book supports social/emotional learning and serves as a perfect jumping-off point for topics like bullying, empathy, confidence, and creative problem solving. LEVELING Grade Range: K-4 Fountas Pinnell: K Reading Recovery: 18 Lexile: AD 430L COMMON CORE RF.2.3,3c,3d,3e,4,4a,4c W.2.1,3,5,6,7,8 L.2.3,4,4a,4d,5,5a,5b,6 SL.2.1,1a,1b,1c,2,3,4,6 RL.2.1,2,3,4,5,6,7,10.

[Read Abigail the Whale \(Hardback\) Online](#)[Download PDF Abigail the Whale \(Hardback\)](#)

Relevant PDFs



Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 3: The Backpack (Hardback)

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 174 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK's best-selling home reading series. It...

[Save ePub »](#)



Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 3: The Sing Song (Hardback)

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 176 x 150 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK's best-selling home reading series. It...

[Save ePub »](#)



Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 3: Such a Fuss (Hardback)

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK's best-selling home reading series. It...

[Save ePub »](#)



Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 3: Shops (Hardback)

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 174 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK's best-selling home reading series. It...

[Save ePub »](#)



Dog Poems For Kids Rhyming Books For Children Dog Unicorn Jerks 2 in 1 Compilation Of Volume 1 3 Just Really Big Jerks Series

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 96 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. LIMITED-TIME SPECIAL: Special Bonus Inside! Thats right. . . For a limited time...

[Save ePub »](#)