



My Kitchen: Easy Gourmet (Hardback)

By -

MURDOCH BOOKS, Australia, 2010. Hardback. Condition: New. Language: English . Brand New Book. A new, down-to-earth series that deals with many of the kitchen dilemmas and challenges faced by modern men, women and families of all shapes and sizes. The My Kitchen series is written in a savvy style, packed with recipes that are nutritious, easy, budget-friendly, and use only commonly available supermarket ingredients. Each title addresses those who are time-poor or budget-conscious so that cooking remains a joy. It celebrates good food, and the simple but important act of taking time to eat well. This series also recognises the growing awareness of the quality and provenance of the food we eat, featuring fresh food wherever possible, with a license to cheat.



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