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## KETOGENIC DIET: KETO DIET PLAN - KETO FOR BEGINNERS GUIDE YOUR 30 DAYS KETO-ADAPTATION MEAL PLAN RECIPE COOKBOOK (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This BUNDLE OFFER contains 2 BOOKS: 1)KETO FOR BEGINNERS: THE #1 COMPLETE GUIDE TO KETOSIS AND THE KETOGENIC DIET 2) KETO MEAL PLAN: YOUR COMPLETE 30 DAYS KETO-ADAPTATION RECIPE COOKBOOK Description: KETO FOR BEGINNERS: THE #1 COMPLETE GUIDE TO KETOSIS AND THE KETOGENIC DIET Is it possible to eat fat and loose weight? In 1921, an endocrinologist called Dr. Henry Rawle...

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- Authored by Cameron Walker
- Released at 2017



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