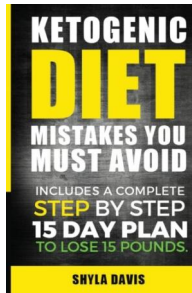# Ketosis: Ketogenic Diet Mistakes You Must Avoid: Includes a Complete Step by Step 15 Day Plan to Lose 15 Pounds. (Paperback)

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