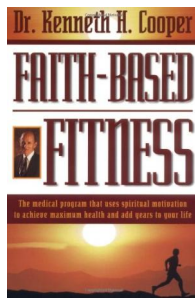# Faith-based Fitness The Medical Program That Uses Spiritual Motivation To Achieve Maximum Health And Add Years To Your Life

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