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Blink, Blink, Clop, Clop: An Ocd Storybook (Paperback)

By E Katia Moritz Ph D

Weston Press, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Obsessive Compulsive Disorder (OCD) is not an easy concept to explain to young children. Blink, Blink, Clop, Clop was written to give parents and professionals an entry into talking with children about OCD, a complex and usually progressive neurobiological disorder. Children can relate their own experiences to those of Henrietta, Daisy, Snort, and Biscuit, a group of farm animals who have obsessive thoughts and compulsions that turn out to be caused by a bullying and mischievous insect named O.C. Flea. O.C. Flea represents the little, intrusive, and worrying voice that often troubles children with OCD. The use of this character makes this complex condition understandable and provides something more tangible for children and their families to fight back against. Without understanding what is happening to them, children with OCD often suffer from difficult feelings like guilt, depression, frustration, or anger. As the story progresses, the animals come to realize that they are more powerful than O.C. Flea. Blink, Blink, Clop, Clop can help children begin the important journey to understanding their own symptoms and empower them to face their OCD just like...



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