



Live Smart After 50! The Experts Guide to Life Planning for Uncertain Times (Paperback)

By -

Life Planning Network, United Kingdom, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Live Smart After 50! is welcome and essential handbook for anyone at midlife and beyond. It provides lucid, motivating responses to the challenges of aging in the 21st century: the knowledge and tools to shift attitudes, update skills and shape a smart map for a future of security, wellbeing, meaning and new possibilities. In a unique collaboration, thirty-three of the nation's top experts in life planning and positive aging distill the most critical issues. From finding work, community, creativity, purpose and legacy to financing your dreams, making sure your voice is heard, anticipating the challenges of aging, and living with purpose and vitality, Live Smart After 50! offers friendly, focused, forward-thinking and action-oriented help. Rich in practical experience and wisdom, self-exploration exercises, and diverse resources, Live Smart After 50! is a companionable guide for planning and preparing for the second half of life. It will help readers get the big picture, identify and reduce risks, expand choices, and prepare to take advantage of - rather than fear - the future. Live Smart After 50! is jam-packed with tools that will...



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