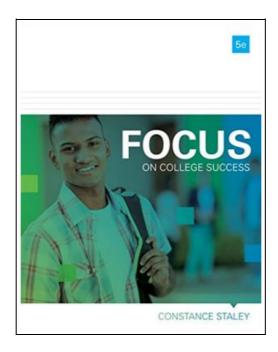
FOCUS on College Success



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Reviews

Very useful to all category of men and women. I actually have study and i also am certain that i am going to going to read through again once more down the road. Its been written in an exceptionally simple way and is particularly only soon after i finished reading this publication by which basically altered me, modify the way in my opinion.

(Dr. Sarai Fisher DDS)

FOCUS ON COLLEGE SUCCESS



Condition: New. Publisher/Verlag: Cengage Learning EMEA | With increased attention to diversity, mindfulness, resilience, grit, productivity, financial literacy, alternative presentation e-tools, and new career planning strategies, the fifth edition of FOCUS ON COLLEGE SUCCESS recognizes the varied experiences you bring to the college classroom and guides you to build your motivation and increase your focus. Because of its engaging, relevant style that speaks to readers directly, 97% of students surveyed recommended that their professor use this book again with next year's first-year students. While college success strategies may seem like common sense (after you read about them), many are not. Written by a leader in the field of motivation and focus, the text covers topics, tools, and techniques that will deliver results. By learning these skills early on, you can avoid many of the pitfalls which cause so many students to stumble. All of the book's exercises and activities are designed specifically to help you learn more about yourself and help you focus on what you need to do to succeed. Going well beyond college, these lessons will help you in your career and your personal life. Specific tools help you make self-discoveries and chart your progress through the text. Did you know that your odds of completing college successfully go up after you take a college success course? That makes FOCUS ON COLLEGE SUCCESS a no-brainer. | 1. Becoming Mindful, Building Resilience.2. Starting Strong, Setting Goals.3. Learning Styles and Studying.4. Managing Your Time, Energy, and Money.5. Thinking Critically and Creatively.6. Learning Online.7. Engaging, Listening, and Note-taking in Class.8. Reading, Writing, and Presenting.9. Developing Memory, Taking Tests.10. Working in Teams, Valuing Diversity.11. Working Toward Wellness.12. Choosing a College Major and Career. | Format: Paperback | Language/Sprache: english | 917 gr | 273x217x16 mm | 464 pp.



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