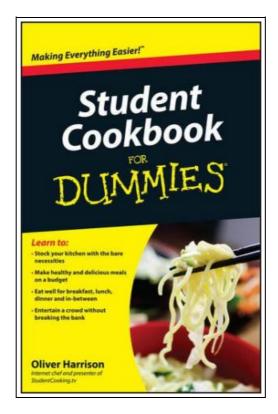
Student Cookbook For Dummies



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Reviews

Completely among the finest publication I have possibly read. It really is basic but excitement in the fifty percent from the pdf. Your lifestyle span is going to be convert when you total looking at this publication.

(Dr. Curt Harber)

STUDENT COOKBOOK FOR DUMMIES



John Wiley and Sons Ltd. Paperback. Book Condition: new. BRAND NEW, Student Cookbook For Dummies, Oliver Harrison, Are you a student who's fed up with making do with greasy food and monotonous ingredients? A parent who worries about your son or daughter's mounting tendency to nip to the fast-food van at all times of the day? Then look no further! Taking into account thepressures and stresses of university life - the work, the exams, the parties - this entertaining guide takes students through the essential skills, techniques and ingredients they need to make over 160 delicious, healthy meals on a budget and on the go. Packed with top tips on frugal shopping, diet maintenance and healthy-microwave cooking, as well as the low-down on hosting dinner parties, choosing wines and mixing cocktails, baked-bean-living will become a thing of the past! Student Cookbook For Dummies includes: Part 1: Getting Started * Chapter 1: Saying 'Hello' To Your Kitchen * Chapter 2: Going Shopping * Chapter 3: Knowing What You're Eating Part 2: Breakfast, Lunch & Chapter 1: Saying 'Hello' To Your Kitchen * Chapter 5: Making great Lunches * Chapter 6: Snacks Part 3: Bring On The Main Course * Chapter 7: Cooking For One * Chapter 8: Eating the Right Food To Get You Going * Chapter 9: Mastering Microwave Cooking * Chapter 10: Making the Most of Time and Money * Chapter 11: Decadent Desserts and Treats Part 4: Entertaining * Chapter 12: Lads and Girls Nights' In * Chapter 13: Pulling Together a Sunday Roast * Chapter 14: Food To Impress: Cooking for a Date * Chapter 15: Getting into the Party Spirit Part 5: The Part Of Tens * Chapter 16: Ten Tips For Cooking At Uni * Chapter 17: Ten Ways to Eat On The Cheap *...



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