



Organic Body Scrubs: 30 Organic Body Scrubs for Beautiful and Glowing Skin

By Tina Carter

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Never again will you have to spend a small fortune at the spa for special organic body scrubs. Making your own organic scrubs at home is easier than you might think - you just need a few simple ingredients. In this book you will receive the following: An introduction to organic body scrubs A collection of seven organic lip scrub recipes A collection of twenty-three organic body scrub recipes Homemade body scrubs can help to exfoliate and moisturize your skin, helping to relieve itchiness and redness from various skin conditions like eczema and psoriasis - even sunburn. If you want to try making your own scrubs at home, this book is the perfect place to start.

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