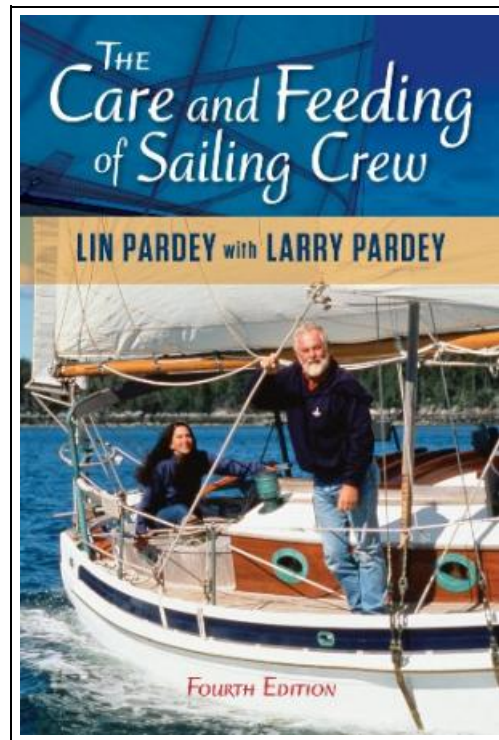


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Reviews

An incredibly great ebook with lucid and perfect explanations. It is actually rally fascinating throgh studying period of time. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Josefina Yundt)

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Pardey Books. Paperback. Condition: New. 480 pages. Despite the title, this is hardly a cookbook; rather it's a primer on successful cruising. Certainly, anyone contemplating, or preparing for, off shore passages would want to read and then keep this volume aboard. A 50 day passage from Japan to Victoria, Canada in 1979 provides Lin a base for discussing everything from menus to clothing, to choosing a fresh chicken, to dealing with port officials, to preventing sea sickness, to buying liquor abroad as well as the best material for underwear. Lin and Larry have been full time cruisers and professional sailors for some 40 plus years, it's all that they do. They've learned a lot and a great deal of their wisdom appears in this book, where specific situations mix with general guidelines. As a bonus, Lin writes very well. She's able to seamlessly tie one subject to the next in a style that seems like great conversation rather than reading a how-to-do-it text. By structuring the flow of information in and around the process of food preparation while experiencing the joys and travails of a very long passage, she provides the reader with a good cruising tale enhanced with a thousand useful tips. Tips vary from entertaining aboard to coping with money transfers. There are great tips on provisioning in foreign ports as well as a strong suggestion to only go a short distance before anchoring following a farewell party. Excellent chapters will help insure your crew stays healthy and well rested. Others deal with creating an ideal galley. From big ideas to small tips, all are presented logically and with useful illustrations. Learn why credit cards are safer to use than debit cards, how to keep eggs for up to 3 months without refrigeration. How...



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