



Born to Heal (Paperback)

By Luke Adler

Luke Adler Healing, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Until you discover the wellspring of love within, you will endlessly seek love from the outside world. You were born to heal. The power to heal and feel whole resides within you. With seventy-five exercises and meditations, illustrations, case studies, and personal stories, Born to Heal will inspire courage and help you develop and trust your inner guidance. You ll learn to examine stuck places in your life, to own your part in creating that stagnation, and become skilled with new ways of healing yourself and your world. If you re ready to move past the beginner stages of healing and spirituality, and invest in the evolution of your soul, you ve found the right tool. All beings on the planet want to heal, and that the desire to restore health is deep and persistent, even if it is suppressed by life traumas. The physical body demonstrates this beautifully. Witness a scrape on your knee systemically mend itself over a period of days-the skin now stronger than before. Emotional, mental, and spiritual healing is another story. Like the physical body, these systems also...



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