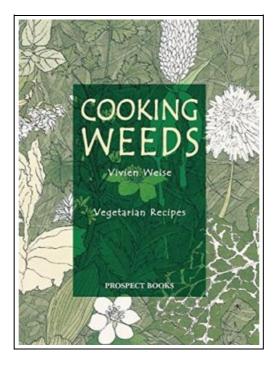
Cooking Weeds: Vegetarian Recipes (Paperback)



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Reviews

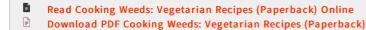
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COOKING WEEDS: VEGETARIAN RECIPES (PAPERBACK)



PROSPECT BOOKS, United Kingdom, 2009. Paperback. Condition: New. Language: English. Brand New Book. The weeds of the field and garden have two big advantages in the kitchen: firstly, they are free to anyone; secondly, they contain any amount of dietary goodness, often not so readily available from the anaemic products of the hothouse and intensive farm. And what is really needed is a set of recipes to turn them into everybody s favourite supper. This Vivien Weise provides in spades. With plenty of clear illustrations of the plants in question - ensuring that every reader will be able to identify the quarry when out gathering - Vivien has created a series of vegetarian dishes (all the recipes are meat-free) with a defiantly modern slant: comfrey hamburgers, daisy ginger soup, dandelion salad with a banana yoghurt sauce, dead nettle aubergine spread, ground elder layered pancakes, and many more. The great charm of this book is that you can go into the vegetable plot with two baskets: one for dinner and one for the compost heap. While gathering your supper, you weed the garden. In the popular weed-cookery courses that Vivien gives at her home in Germany, she demonstrates the culinary value of upwards of a hundred different plants.



Other Books



Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English. Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents...

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Teaching Christ's Children Publishing. Paperback. Book Condition: New. Daan Yahya (illustrator). Paperback. 26 pages. Dimensions: 10.0in. x 8.0in. x 0.1in. What is Love is a Bible based picture book that is designed to help children understand...

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Christmas Favourite Stories: Stories + Jokes + Colouring Book: Christmas Stories for Kids (Bedtime Stories for Ages 4-8): Books for Kids: Fun Christmas Stories, Jokes for Kids, Children Books, Books for Kids, Free Stories (Christmas Books for Children) (P

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