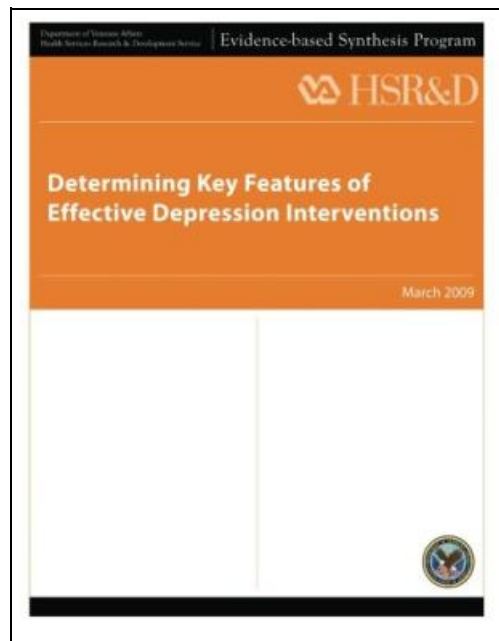


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DETERMINING KEY FEATURES OF EFFECTIVE DEPRESSION INTERVENTIONS

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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 72 pages. Dimensions: 11.0in. x 8.5in. x 0.2in. Current clinical guidelines for depression address depression treatment for patients detected in primary care; VADOD depression guidelines; and NICE guidelines. Research to date indicates that, under usual care conditions, less than half of primary care patients found to have major depression complete minimally adequate medications or psychotherapy. A variety of organizational changes aimed at improving care for depression in primary care have been tested. Yet evidence-based guidance for healthcare organizations and their primary care practices about which organizational changes are necessary for achieving improved depression outcomes is lacking. The purpose of this review is to establish a basis for organizational guidelines or best practices for achieving improved depression care. The collaborative care model for depression has been extensively studied, and found to be both effective and cost-effective in prior meta-analysis. Collaborative care models are organizational interventions designed to remedy known deficits in current depression care. These multifaceted models are loosely defined as involving collaboration between providers from different specialties to provide appropriate, timely depression care or as involving two of three types of professionals (a case manager, a primary care clinician, and a mental health specialist) working collaboratively within primary care. Thus, while all applications of this model are similar in focusing on supporting effective management of primary care patients detected outside of a mental health specialty setting, the specific features of the model vary from study to study. These variations make it difficult for care settings to know what features of the models tested and found to be effective in randomized trials of collaborative care are essential for achieving the expected effects. Collaborative care definitions like these have been directed primarily at staffing (e. g. , the...

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