



Lifesaving for Beginners (Paperback)

By Anne Edelstein

Red Hen Press, United States, 2018. Paperback. Condition: New. Language: English . Brand New Book. When Anne Edelstein was forty-two, her mother, a capable swimmer in good health, drowned while snorkeling in the Great Barrier Reef. Caring for two small children of her own, Anne suddenly found herself grieving not only for her emotionally distant mother but also for her beloved younger brother Danny, who had killed himself violently over a decade before. She finds herself wrestling not only with the past and her family's legacy of mental illness, but also with the emotional well-being of her children. Part memoir and part meditation on joy and grief, the book will resonate with anyone who has ever struggled to come to terms with their parents, their siblings, their children, and their place in the world.



READ ONLINE
[4.16 MB]

DOWNLOAD



Reviews

The best pdf i possibly go through. it was writtern quite properly and useful. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Miss Sienna Fay Jr.**

A must buy book if you need to adding benefit. This really is for all those who statte that there had not been a really worth looking at. Your daily life period will likely be change when you complete reading this publication.

-- **Veronica Hauck DVM**