

Dream Desserts : Luscious, Low-Fat Recipes

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Reviews

It in one of my personal favorite publication. It is actually rally fascinating through reading through period of time. Its been printed in an extremely basic way in fact it is just after i finished reading through this ebook by which basically transformed me, change the way in my opinion.

(David Weber)

DREAM DESSERTS : LUSCIOUS, LOW-FAT RECIPES



New York, NY, U.S.A.: Stewart, Tabori & Chang, 1993, New York, NY, U.S.A., 1993. Hard Cover. Book Condition: New. Dust Jacket Condition: New. Jacobs, Martin (photographs) (illustrator). First Edition. 8vo - over 73/" - 93/" tall. Hard Cover. First Edition. 8vo - over 73/" - 93/" tall. 1st Ed., 1st Printing, HB/DJ, new, 159 pp., color photographs, hard glossy boards with matching pictorial covers on book and DJ. After years of testing and modifying her favorite dessert recipes, Nancy Baggett has succeeded in significantly reducing the fat, cholesterol, and calorie counts of each dessert without sacrificing taste or texture. The desserts taste incredibly rich and delicious. Contains cakes, pies, tarts, cookies, puddings, mousses, fruit, and frozen desserts. Every recipe is followed by a nutritional analysis.

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