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iUniverse, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In the spring 1999, at eighteen years old, I was diagnosed with Multiple Sclerosis. The idea of a newly diagnosed book that focused on wellness began once I finally got my MS under control. It took four long years of understanding what my body needed to be healthy, while experiencing life as a college student at Appalachian State University. I found myself searching...

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- · Authored by Erin Morrow Still, Erin Morrow Still Friends
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