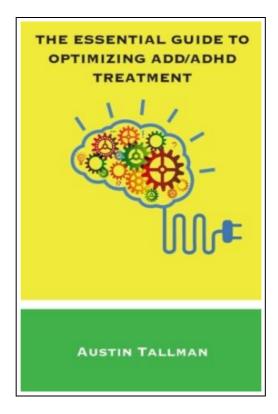
The Essential Guide to Optimizing ADD/ADHD Treatment



Filesize: 7.15 MB

Reviews

This book is indeed gripping and fascinating. It normally is not going to price a lot of. I am very easily will get a delight of reading a created pdf.

(Albertha Cartwright)

THE ESSENTIAL GUIDE TO OPTIMIZING ADD/ADHD TREATMENT



Tallman Publications, United States, 2014. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book ***** Print on Demand ******.Written by a lifetime sufferer of inattentive type ADHD, The Essential Guide to Optimizing ADD/ADHD Treatment presents a new and innovative approach to treating ADHD. Instead of pushing a one size fits all solution, the book teaches the reader how to investigate and optimize treatment at the individual level. Using simple statistical functions within Microsoft Excel, the author takes readers step-by-step through the process of analyzing factors that frequently impact ADHD symptoms. By using computer software to study lifestyle habits and the daily symptoms of ADHD in a specific individual, readers are able to develop a truly customized treatment plan. One of the main advantages of this technique is its adaptability. People who do not wish to take prescription medication for ADHD will have the ability to find ways of improving symptoms by making lifestyle changes. For those who do use medication, the book teaches strategies for maximizing the efficacy of a medication in a specific person. For the first time, individuals and parents of children with ADHD have the ability to perform research into a specific person s ADHD treatment. NOTE: Although there are several resources that are compatible with the strategies taught in this book, the author recommends obtaining access to Microsoft Excel in order to fully utilize the capabilities of this technique.



Read The Essential Guide to Optimizing ADD/ADHD Treatment Online Download PDF The Essential Guide to Optimizing ADD/ADHD Treatment

Relevant PDFs



Weebies Family Halloween Night English Language: English Language British Full Colour

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Children's Weebies Family Halloween Night Book 20 starts to teach Pre-School and...

Read eBook »



The Kid Friendly ADHD and Autism Cookbook The Ultimate Guide to the Gluten Free Casein Free Diet by Pamela J Compart and Dana Laake 2006 Hardcover

Book Condition: Brand New. Book Condition: Brand New.

Read eBook »



Children's Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English]

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****. ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to...

Read eBook »



Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners

Fernhurst Books Limited. Paperback. Book Condition: new. BRAND NEW, Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners, Paul B. Boissier, Expert information for yachtsmen and...

Read eBook »



Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications .

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English. Brand New Book *****
Print on Demand *****. This historic book may have numerous typos and missing text. Purchasers can usually...

Read eBook »