



Hygge: Find Happiness the Nordic Way (Without Breaking the Bank) (Paperback)

By Freja Petersen

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.What is the key to living a happy life? The Danish call it Hygge , and it makes them the happiest people on this planet. Their secret? A lifestyle of cosy and minimalistic living. The Hygge Life Just the word hygge alone gives you a warm, fuzzy feeling inside. A warm and hot beverage, good friends, a fireplace, and lots of great memories to share. Many people believe that moving towards a Hygge lifestyle is expensive and requires a lot of investments. They couldn't be further from the truth. Hygge means to put coziness before style. Transforming your house interior into a place where you feel truly happy. All of this can be done on a budget, no need to break the bank to get Hygge! What can I expect to read in this book? How to counteract the commercialisation of the popular trend that is Hygge Exactly how to transform your home into a place of coziness, on a budget How to shape experiences and relationships efficiently Minimalistic purchases for friends and family - make presents fun again! Avoiding...

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Reviews

This book will be worth getting. Better than never, though I am quite late in starting reading this one. It's been written in an extremely basic way which is only right after I finished reading this book through which actually altered me, altered the way I believe.

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