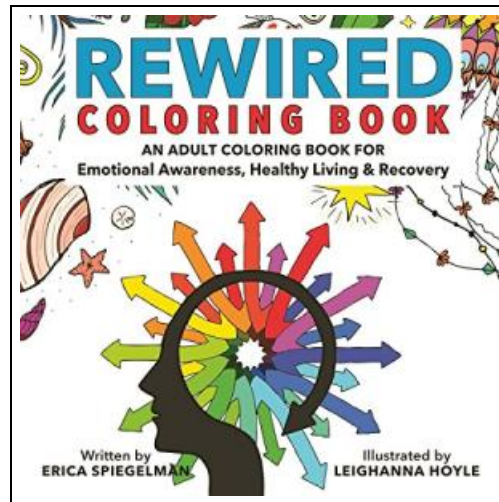


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REWIREd ADULT COLORING BOOK: A BOLD NEW APPROACH TO ADDICTION RECOVERY (PAPERBACK)



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Hatherleigh Press,U.S., United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. Rewired Adult Coloring Book is the new adult coloring book specifically designed to aid in addiction recovery. Written by a certified addictions counselor, this unique coloring book allows people to understand, process and even learn to appreciate their thoughts and emotions as they journey through addiction recovery. Built upon the concept of self-actualization, this book provides those in recovery with ways to re-examine, re-experience and rewire their minds. Ideal for everything from self-maintenance to 12-step recovery positions, Rewired Adult Coloring Book includes images that relate directly to words and feelings that are essential for living a healthier life through a holistic approach, including animals, nature, and other beautiful objects. With all the variables, both physical and emotional, that play into overcoming addiction, the path to recovery can seem long and dark. Rewired Adult Coloring Book stimulates the imagination, to help bring vivid color into your life--all while coming to a greater understanding of their own addictions, and how they can be overcome.



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