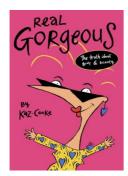
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REAL GORGEOUS: THE TRUTH ABOUT BODY AND BEAUTY



W. W. Norton & Company. Paperback. Condition: New. 272 pages. Dimensions: 9.4in. x 6.6in. x 0.8in.A hilarious and empowering book for girls and women who are insecure about their body image. Take it from Kaz Cooke: There are millions of gorgeous body shapes. Yours is one of them. Dieting doesnt work. Your thighs are pretty cute. Exercise should be fun not duty. Cheap cosmetics can be as good as expensive ones. Advertising lies. Plastic surgery sucks. Modeling can be miserable....

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- Authored by Kaz Cooke
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