



## Dark Clouds Gather: THE TRUE STORY About Surviving Mood Disorders, Eating Disorders, Attempted Suicide and Self-Harm

By Katy Sara Culling

Chipmunkpublishing, United Kingdom, 2008. Paperback. Book Condition: New. 198 x 128 mm. Language: English Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Description This book includes a true story about reaching the very edge, the very depths and heights of bipolar illness, but almost always with a sense of humour. Much like a car crash, people cannot help but look when they spy on these sort of black events. It is a new perspective on manic depression as in Prof K.R. Jamison s autobiography about her illness in An Unquiet Mind, but mixed explosively with S. Kaysen s immersion into madness in Girl, Interrupted; except this book feels like it s been written whilst on crack-cocaine and directed by Quentin Tarantino on a blood-thirsty day. This book may be dark but its underlying message is one of hope. Sometimes you have to see the depths of Hades before you can really appreciate life and health. Being a manic depressive from just 5, then adding in anorexia, bulimia, self-harm and hundreds of suicide attempts, typical student substance misuse on the heavy end of normal, culminating in a long hospitalisation when I was an Oxford doctoral student in clinical medicine. I ended up...

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