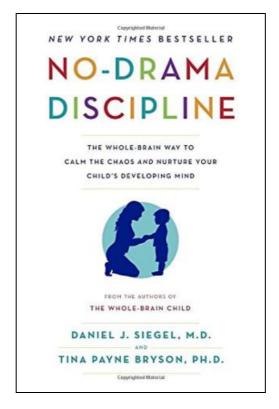
No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind



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Reviews

It in a single of my favorite pdf. Yes, it is engage in, still an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Dr. Keeley Windler)

NO-DRAMA DISCIPLINE: THE WHOLE-BRAIN WAY TO CALM THE CHAOS AND NURTURE YOUR CHILD S DEVELOPING MIND



Bantam, United States, 2016. Paperback. Book Condition: New. 203 x 132 mm. Language: English . Brand New Book. NEW YORK TIMES BESTSELLER The pioneering experts behind The Whole-Brain ChildTina Payne Bryson and Daniel J. Siegel, the author ofBrainstormnow explore the ultimate child-raising challenge: discipline. Highlighting the fascinating link between a childs neurological development and the way a parent reacts to misbehavior,No-Drama Discipline provides an effective, compassionate road map for dealing with tantrums, tensions, and tearswithout causing a scene. Defining the true meaning of the "d" word (to instruct, not to shout or reprimand), the authors explain how to reach your child, redirect emotions, and turn a meltdown into an opportunity for growth. By doing so, the cycle of negative behavior (and punishment) is essentially brought to a halt, as problem solving becomes a win/win situation. Inside this sanity-saving guide youll discover strategies that help parents identify their own discipline philosophyand master the best methods to communicate the lessons they are trying to impart facts on child brain developmentand what kind of discipline is most appropriate and constructive at all ages and stages the way to calmly and lovingly connect with a childno matter how extreme the behaviorwhile still setting clear and consistent limits tips for navigating your children through a tantrum to achieve insight, empathy, and repair twenty discipline mistakes even the best parents makeand how to stay focused on the principles of whole-brain parenting and discipline techniques. Complete with candid stories and playful illustrations that bring the authors suggestions to life,No-Drama Discipline shows you how to work with your childs developing mind, peacefully resolve conflicts, and inspire happiness and strengthen resilience in everyone in the family. Praise for No-Drama Discipline. "With lucid, engaging prose accompanied by cartoon illustrations, [Daniel J.] Siegel and [Tina Payne] Bryson help parents teach...

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