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## LIVING WELL FROM OUR GARDEN: MEDITERRANEAN STYLE



Createspace, United States, 2013. Paperback. Book Condition: New. Revised. 250 x 174 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Living well from our garden -Mediterranean style will be of interest to anyone interested in living a healthier lifestyle, becoming more self sufficient and saving money in doing so. The book describes the evolution of my garden in Spain over twenty five years helped by my wife Clodagh to enable total wellness. Total wellness from...

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- Authored by Dick Handscombe
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