



Heaven Heals a Codependent's Heart (Paperback)

By Diane Vernitsky Jellen

Cushion of Comfort Publishing, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.There is a reason they're not called the one-step or the two-step, but The Twelve Steps. When you are ready to admit you're powerless in changing or controlling another person's addictive disease, Step 1 is the place to start. That's where author Diane Vernitsky Jellen's first book, *My Resurrected Heart: A Codependent's Journey to Healing* began. In order to remain healthy Jellen knew she couldn't stop at the first step. Diane continued following the steps and in her second book, *Heaven Heals a Codependent's Heart* she introduces new friends and reveals circumstances that propelled her path to recovery. From an unmanageable life to admitting the exact nature of her wrongs, Jellen took one-step at a time. In a series of vignettes, Jellen shares insights she gained from making amends, and the principles she gleaned from the travelers she met along the way. -From overcoming a marital breakup to facing a car breakdown and the Jersey Girls she encountered on the Pennsylvania Turnpike. -Diane's admission to a hospital began with a stomach bleed, but...



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Reviews

Completely essential read publication. I am quite late in start reading this one, but better then never. You wont truly feel monotony at at any moment of your time (that's what catalogs are for regarding should you question me).

-- **Nels Runte IV**

Merely no phrases to spell out. I actually have read through and i am certain that i will gonna study once again again later on. You wont truly feel monotony at at any time of your time (that's what catalogues are for about should you check with me).

-- **Jaiden Konopelski**

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