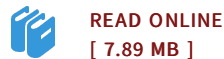


Golf Fitness: Shed Pounds to Shave Strokes: Drive the Fat Out of Your Game for Lower Scores

By Christian Henning

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 284 pages. Dimensions: 8.9in. x 5.9in. x 0.8in. Can you really lose fat and lower your score at the same time Yes. . . but let me warn you, this is NOT for lazy people or those who are looking for a magic bullet solution. Shed Pounds to Shave Strokes is NOT a quick fix. Its a SMART Fat Loss fix backed by scientific research to provide maximum results in the least amount of time. Oh, and did I mention that youll probably add distance to ALL your clubs at the same time Thats unheard of. But the reality is Ive had clients do it over and over again, and you will too. At the same time, I want to make sure Im being very clear: make no mistake, this program takes work, and if youre one of these people who cant dedicate 90 days to radically changing your golf game and body - a change that you will be able to enjoy for the rest of your life - then please, do NOT invest in this book. But for those of you who are serious, those who are...



Reviews

This book is great. it absolutely was writtern quite properly and beneficial. Its been written in an extremely basic way and it is merely after i finished reading through this ebook in which basically changed me, affect the way i really believe.

-- **Leopold Schmidt**

The book is great and fantastic. Yes, it really is engage in, still an interesting and amazing literature. You wont feel monotony at at any moment of your respective time (that's what catalogs are for regarding if you request me).

-- **Daren Raynor II**