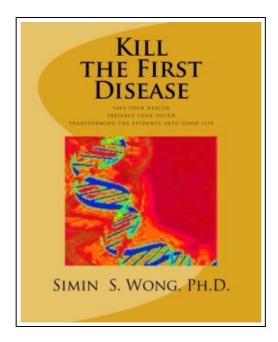
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(Dr. Cullen Schmitt MD)

KILL THE FIRST DISEASE: SAVE YOUR HEALTH-PRESERVE YOUR YOUTH TRANSFORMING THE EV (PAPERBACK)



Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. For More Energy and More Time, Kill the First Disease! Read It! Then Do It! Before all chronic diseases, the body is struck by a surreptitious disease, the First Disease! The First Disease sucks the oxygen of the body, and on the whole, it plants the seed for infectious, chronic, and degenerative diseases such as cancer, by instigating accelerated aging, wearing out the immune system, weakening the bones, and stressing the brain. The widespread variety of symptoms such as low grade inflammation, general aches and pain and headache, tenderness and stiffness of muscles and joints, sleep disorders, high cholesterol levels, hypertension, fatigue, impaired concentration and memory, and the majority of prevalent chronic, degenerative, and infectious diseases affecting our population have their origin in the First Disease. The First Disease is one of the most neglected and unmanaged health conditions in spite of the fact that it is a worldwide malady, a pandemic which is preventable and can be controlled effectively and safely. It affects nearly everyone at some point, or during most of their lifetime, and yet it is one of the most overlooked aspects of public health. The good news is that the First Disease can be effectively stopped to prevent premature aging, to reduce inflammation, and to strengthen the immune system to prevent most cancers and other chronic and degenerative diseases. The evidence from epigenetic studies tells us that preventive intervention can be achieved to the extent that development of many illnesses among people who may even have genetic tendencies for them can be stopped. The First Disease and its many aftermaths killed my beloved husband, Henry. So, passionately and dutifully, I am pursuing my mission in life and...



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