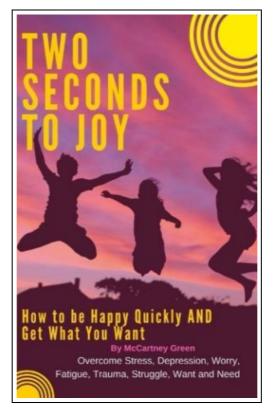
Two Seconds to Joy!: How to Be Happy Quickly and Get What You Want -Overcome Stress, Depression, Worry, Fatigue, Trauma, Struggle, Want and Need (Paperback)



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TWO SECONDS TO JOY!: HOW TO BE HAPPY QUICKLY AND GET WHAT YOU WANT - OVERCOME STRESS, DEPRESSION, WORRY, FATIGUE, TRAUMA, STRUGGLE, WANT AND NEED (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. You know how they say we re a generation of wanting instant gratification and then we re reminded that we must work hard for what we get? Well, that s not necessarily true. If you are trying to find how to be happy and not only that, how to also have some or all of the things you want in life, please know that it IS possible. And it s not hard. It s actually easy and fast if you simply follow the 7 keys in this book. The keys are also easy and quick to do! Two seconds is not an exaggeration. The most important thing you can do that gives you the instant gratification mentioned above only takes two seconds! It s a technique that can not only change your life, but could change the world! You can be filled with joy and you don t have to pull up and examine all of the things in your life that have ever occurred to figure out why you re not happy. You only have to follow the keys in an easy daily routine. Sadness and depression will fall away. Stress and worry will cease. Your natural energy will return. Seeming miracles will begin to occur. Your health will improve, both physical and emotional. Your mood will change. You will be able to overcome trauma that has occurred in your life. You will be led to the right people, the right places to bring about your heart s desires. McCartney Green s life went from depression and drudgery and struggle to freedom and joy and living a life she d never dreamed possible.

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