



The Laws of the Ring

By Urijah Faber, Tim Keown

HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, The Laws of the Ring, Urijah Faber, Tim Keown, Thanks to a combination of physical prowess, indomitable will, and sharp and unconventional powers of observation, Urijah The California Kid Faber has risen to the top of the mixed martial arts food chain. In "The Laws of the Ring", he draws from these strengths, providing a unique and deeply personal look at life in and outside the cage - lessons fans can use to shape their own worlds. Part self-help book, personal journey, and meditation on a well-lived life, "The Laws of the Ring" is filled with funny, provocative, and inspirational stories that provide a colorful glimpse into the rise of a young superstar and the philosophy behind his success. For Faber, fighting is a quest for self-awareness and an act of self-expression. The "Laws of the Ring" offers his reflections on success and failure through his 10 Laws of Power and his Five Laws of Weakness. He speaks frankly about personal role models like Randy Couture, as well as human barnacles such as Internet Steve, one of the many hangers - on who have given Faber a unique look at the...

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