

The Path: A Guide to Happiness (Paperback)

Filesize: 8.99 MB

Reviews

The publication is simple in go through preferable to fully grasp. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book. (Mrs. Josiane Collins)

DISCLAIMER | DMCA

THE PATH: A GUIDE TO HAPPINESS (PAPERBACK)



Wisdom Publications, U.S., United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. Khenpo Sherab Zangpo draws on Tibetan Buddhist tradition and his own fascinating life story to describe a way forward for contemporary practitioners, offering lucid guidance on daily practice, finding the right teacher, and cultivating a wiser and more compassionate attitude toward others and ourselves. The Path brings us the remarkable teachings of Khenpo Sherab Zangpo, a leading scholar from the famous Larung Buddhist Institute of Five Sciences in Eastern Tibet. As a lineage holder in the tradition of the Great Perfection--the highest teachings of the Nyingma school of Tibetan Buddhism--Khenpo Sherab offers insight into the nature of our world and the possibility of transformation through committed engagement with the path. Enriched by many stories from his life in Tibet, Khenpo Sherab enhances our understanding Buddhism s foundational teachings on suffering, impermanence, and interconnectedness, and explores answers to questions that all modern practitioners face: How do I decide who is the right teacher for me? What role does faith play in my practice? How can I confront the realities of death? Offering lucid guidance on the nuances of daily practice and the methods for cultivating a wiser and more compassionate attitude toward others and ourselves, Khenpo Sherab helps us chart the Tibetan Buddhist path with exceptional clarity, making this book a tremendous resource for beginners and advanced practitioners alike.

Read The Path: A Guide to Happiness (Paperback) Online
Download PDF The Path: A Guide to Happiness (Paperback)

Other Kindle Books

_	
_	

I Am Reading: Nurturing Young Children s Meaning Making and Joyful Engagement with Any Book Heinemann Educational Books, United States, 2015. Paperback. Book Condition: New. 234 x 185 mm. Language: English . Brand New Book. It s vital that we support young children s reading in ways that nurture healthy... Download PDF »

	Ī	

The Case for the Resurrection: A First-Century Investigative Reporter Probes History s Pivotal Event ZONDERVAN, United States, 2010. Paperback. Book Condition: New. 180 x 127 mm. Language: English . Brand New Book. The Case for the Resurrection, a ninety-six-page booklet from bestselling author Lee Strobel, provides new evidence that... Download PDF »

Talking Digital: A Parent s Guide for Teaching Kids to Share Smart and Stay Safe Online Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their... Download PDF »

_

A Parent s Guide to STEM

U.S. News World Report, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****. This lively, colorful guidebook provides everything you need to know... Download PDF »

_
_

Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English]

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****. ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to...

Download PDF »