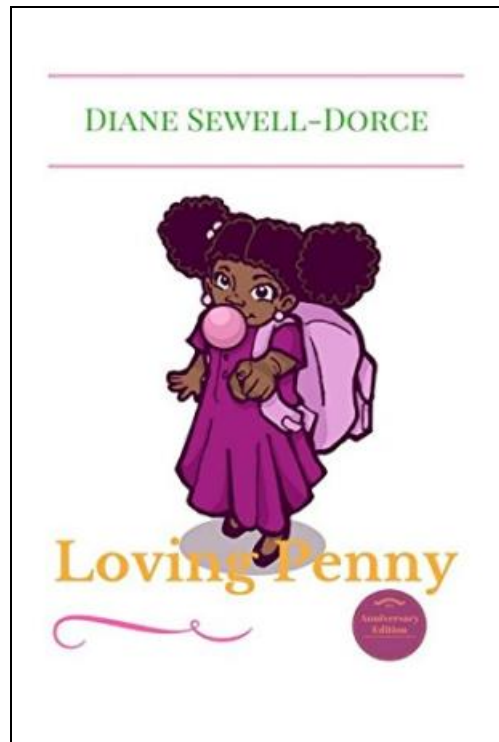


Loving Penny (Paperback)



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Reviews




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Firefly Publishing Entertainment, 2017. Paperback. Condition: New. Anniversary ed.. Language: English . Brand New Book ***** Print on Demand *****. In her revised anniversary edition of *Loving Penny*, Author Diane Sewell-Dorce has penned a loving story of a pre-teen youth following the classic path of childhood self-discovery and peer ridicule taken by most adults. In *Loving Penny*, Dorce adds to the standard growing pain mix a nationwide social epidemic afflicting our nation's youth at an alarming rate - childhood obesity and bullying. *Loving Penny* carefully illustrates the emotional struggles of an overweight pre-teen as she learns to accept her health problem, addresses the need for a lifestyle change and develops the courage to overcome her self-esteem issues. The number of seriously overweight children has more than doubled in the last three decades. Health experts now state that almost 30 percent of children and teens are seriously overweight. Consequently, an overweight adolescent has a 70 percent chance of becoming an obese adult. *Loving Penny* is a fun read for adolescents and informative for parents and adults interested in the welfare of our children. Dorce provides an insightful view of one of America's most significant childhood health problems and also highlights the disturbing social menace, bullying. Appealing to pre-teens, teens, parents and adults, *Loving Penny* is a story about discovering yourself in the midst of self-doubt. Everyone growing up has dealt with his or her own self-esteem issue. Penny, the main character in the book, originally finds herself comfortable with who she is- slightly overweight but certainly not obese. Doubts began to surface once Penny decides to try out for her middle school cheerleading squad. Once she feels the stinging sensation of rejection from her peers due to her weight, Penny turns to food for comfort. Penny substitutes eating for...

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