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## Learn Do Thrive Manage Your Very Human Reactions to Change (Paperback)

By Dr June a Donaldson

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book on change describes the roller coaster of emotions we all go through when facing unrelenting change and uncertainty. It is one of many books and profiles in Dr. June Donaldson s LEARN DO THRIVE (LDT) series. You ll find educational, insightful and encouraging ideas on why you, and others, react as you do to change upheaval. This book also provides ideas on what you can do to move through change as fluently and quickly as possible. As well, you ll gain insight into why all entities from corporations to departments to non-profits to significant relationship, family structures and friendships MUST go through specific phases of change in order to stay alive - to stay productive, progressive, prosperous and pleasant environments. When dealing with on-going change, your emotional intelligence, behavioural style and its related flexibility will affect how you, and others, react particularly when the change is driven by external events over which you might have little, or no, control. Remember, the time to really worry about change is when change is not happening, when people and their expectations, processes and attitudes...



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