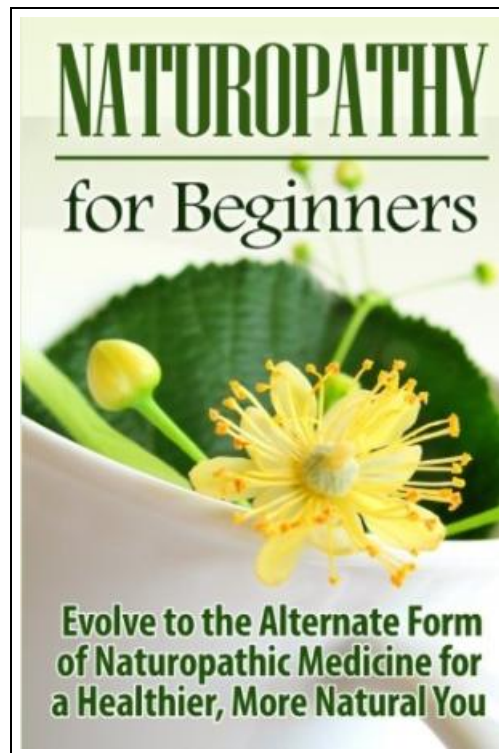


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Createspace, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Naturopathy for Beginner s Evolve to the Alternate Form of Naturopathic Medicine for a Healthier, More Natural You Naturopathy has proven itself to be as effective, but not as damaging, as any other modern treatment. It is a type of alternative medicine that does not use modern drugs and chemicals. Practitioners of naturopathic medicine believe that the body has the power to heal itself without the intervention of chemicals. The body already has the necessary instruments to become healthy; it just needs to know how to use them. Naturopathy includes a wide variety of natural treatments and uses a holistic approach to any medical affliction. This type of alternative medicine combines authentic knowledge with the discoveries of modern science and brings a new way of treating the body without risking long term injury. The roots of naturopathy go back thousands of years, and since ancient times, people have used the benefits of nature to maintain their health. The procedures are meant to be as minimally invasive as possible. Surgery and modern medicine are recommended only in extreme cases. Otherwise the body s energy, together with natural ingredients, is all that is needed to heal almost any disease. Additionally, naturopathy emphasizes the importance of careful prevention, rather than desperate treatment. Alternative Medicine Here Is A Preview Of What You ll Learn. The Philosophy Behind NaturopathyThe Benefits of NaturopathyNaturopathic TreatmentsYogaAcupunctureColor TherapyReikiHomeopathyMuch, much more! Thank You for Choosing This Book.

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