



## The Power of Groups: Solution - Focused Group Counseling in Schools

By -

SAGE Publications Inc, United States, 2009. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. A valuable addition to the growing conversation about solution-focused practice in schools. Cooley provides the nuts and bolts of solution-focused group work with students of all ages -John J. Murphy, Professor of Psychology University of Central Arkansas The book is a pleasure to read, extremely informative, and helpful. The organization and content teaches a skill in a way that makes the reader feel empowered -Cynthia Knowles, Substance Abuse Prevention Specialist and Consultant A fresh, dynamic approach to build on students strengths and encourage positive mental health. Solution-focused brief counselling helps students improve their well-being by concentrating on goals and solutions rather than dwelling on problems. This resource shows how to use this highly effective approach for group counselling sessions so that students can dialogue and learn alongside their peers. Research-based and practical, this unique guide gives school professionals the foundational theory and knowledge to adapt solution-focused group counselling techniques for any topic, curriculum, or grade level. Readers will find: - Case studies of real students encountering real problems - Forms, permissions slips, and sample letters for starting a group -...



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