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The Lotus and the Artichoke - Mexico!

By Justin P. Moore

Ventil Verlag Nov 2014, 2014. Taschenbuch. Condition: Neu. Neuware - In December of 2013, Justin P. Moore, Berlin artist and author of the award-winning cookbook *The Lotus and the Artichoke - Vegan Recipes from World Adventures* traded the German winter for 3 months of sun, surf, yoga and cooking in a small coastal village on the west coast of Mexico. His objective: Explore new culinary frontiers, immerse in another culture, swap stories and cooking secrets with locals, and document everything in a new book with his trademark style of plant-based international fusion recipes, witty and personal travel tales, expressive art and photography. Cross the border and explore a new world of culinary traditions and exotic flavors. Discover spice-infused classics like tacos, tostadas, and tamales. Journey to a land of spectacular soups and salsas. Run wild with raw creations and super-charged salads, seductive sweets and power-packed juices and smoothies. 128 pp. Englisch.



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