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Unleashing Your Soul: Finding the Courage to Follow Your Heart (Paperback)

By Susan Hanshaw

iUniverse, United States, 2006. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Don't You Want a Fulfilling Life? Wouldn't you rather spend each day doing what you love rather than wishing your life away to weekends? Unleashing Your Soul is an invaluable guide for anyone wanting to let go of unfulfilling work to create a new and deeply satisfying life. Whether you know what your heart is calling you towards or need help with defining it, Unleashing Your Soul offers proven techniques for getting unstuck in delightfully clear language. You will discover how you can: Learn to trust that you will be provided for Manage your thoughts to produce desired results Create new habits that attract prosperity Find confidence through your unique skills and attributes Change beliefs that hold you back Give yourself permission to live joyfully Recognize options for making the transition Unleashing Your Soul is a useful guide for individuals looking to create change as well as for professionals who support them. Life is too precious to waste just showing up for the paycheck. What is it going to take for you to claim your right to love your life?.



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