

Speaking Your Truth: Courageous Stories from Inspiring Women

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Reviews

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SPEAKING YOUR TRUTH: COURAGEOUS STORIES FROM INSPIRING WOMEN



Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****. I was overwhelmed by how courageous and vulnerable these truly remarkable women have made themselves-for a chance to change someone else s life. - Dr. Jeanine Zinner Healing, Loss, Self-Discovery, Defining Moments and Relationships are the topics covering Volume III of Speaking Your Truth. Personal stories are the foundation for our connections to others. No matter what you have experienced in in the past, nor what you are up against today - these stories will uplift and inspire you every moment along the way. In Speaking Your Truth you II find 42 individual stories written by women for women. Their stories provide inspiration and heartfelt truths, some of which have never been shared before. In this book you will gain valuable insights into: The moments that have defined and inspired your life. Moving forward with grief and transitions. Overcoming obstacles and challenges. Seeing your connection to others. And Much More! Never feel alone again through the discovery that many other people have also experienced similar life stories to your own. This book will give you the courage to stand up and speak your own truth. Many women believe secrecy is the price they must pay for the past. The authors of Speaking Your Truth decide that secrecy is a prison. By airing out the skeletons in their closets, they discover how different the truth is from what they were told. And they learn to love and value themselves-no matter what. - Carol Marleigh Kline, author of Streetwise Spirituality: 28 Days to Inner Fitness and Everyday Enlightenment.

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