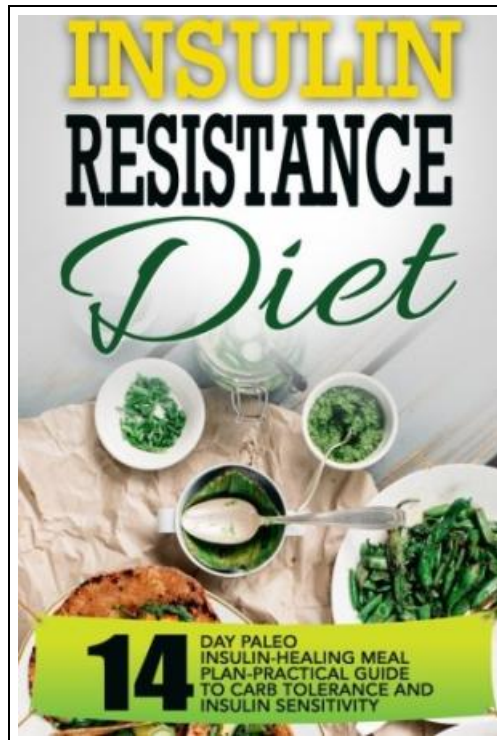


## Insulin Resistance Diet: 14 Day Paleo Insulin-Healing Meal Plan-Practical Guide to Carb Tolerance and Insulin Sensitivity



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