



Introduction to Kinesiology: The Science of Human Physical Activity (Paperback)

By Marilyn Mitchell

Cognella, Inc, United States, 2013. Paperback. Condition: New. Second Revised ed.. Language: English . Brand New Book ***** Print on Demand *****. Introduction to Kinesiology: The Science of Human Physical Activity outlines the major concepts, principles, and experimental findings for the curious yet serious student interested in the field of kinesiology. Like most fields of science, it is important to provide kinesiology students with a textbook that covers the historical development of the field, discusses career opportunities, and provides the groundwork for future coursework. It is also important to clearly articulate the limit and scope of kinesiology by defining core knowledge and to emphasize the cross-disciplinary nature of kinesiology. Introduction to Kinesiology was designed to meet all of these requirements. To improve the readability and the retention of the material, the chapters in Introduction to Kinesiology contain several features, including: Student Objectives Important Terms Integrating Kinesiology: Putting It All Together - questions and exercises Section and Chapter Summaries Kinesiology on the Web - web links for more information.

 **READ ONLINE**
[8.72 MB]

Reviews

This ebook may be worth a go through, and superior to other. I could comprehend every thing out of this published e.pdf. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Prof. Damien Schuster PhD

Extensive manual! Its this type of great read through. This can be for all who statte there was not a worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Dr. Furman Becker V