



Ugly Little Greens: Gourmet Dishes Crafted From Foraged Ingredients (Paperback)

By Mia Wasilevich

Page Street Publishing Co., United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. The ingredients for unique and exciting recipes are waiting to be foraged from local forests. Adventurous cooks can try incredible meals with wild food ingredients such as berries, fennel, mustards, nettles, plantain and watercress. With Ugly Little Greens, readers can discover new flavors and forgotten foods that many chefs haven't tried before. Mia Wasilevich - a professional chef and wild food educator - provides extensive foraging how-tos to ensure readers select the correct wild ingredients and provides creative recipes that range from easy to advanced. With recipes such as Acorn Burgers, White Fir Beignets, Pine Smoked Mussels with Pine Mignonette, Watercress Granita and Nettle and Dandelion Chimichurri, there are options for meat eaters as well as vegans and vegetarians. Ugly Little Greens provides a new adventurous side to food that foodies, farmers and nature lovers will not want to miss out on. With the help of Wasilevich, they can elevate their cooking and hone new skills. This book includes 80 recipes and 80 photos.



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