



Letters Never Sent: A Global Nomad's Journey from Hurt to Healing

By Ruth Ellen van Reken

Summertime Publishing, United Kingdom, 2012. Paperback. Book Condition: New. 200 x 128 mm. Language: English . Brand New Book ***** Print on Demand *****.Fully updated and revised, with additional 30 pages of photographs and epilogue. Ruth van Reken describes herself as a person in process - someone whose life is made up of the continuous interplay between her inner and outer journey. For more than twenty-five years, Ruth has traveled to over 45 countries sharing what she has learned while listening to life about the often paradoxical nature of growing up globally. What she has learned resonates with expatriate children and adults from all sectors - corporate, diplomatic, military, missionary, immigrant and refugees. Born and raised in Nigeria as the daughter of American missionaries, at age 39 Ruth needed to understand why, despite a life filled with rich experiences, a meaningful spiritual component, and family and friends who loved her, she often battled a secret depression. Through the journaling that became this book, she discovered that the very goodness of her life kept her from dealing with some of the challenges that also come with a global lifestyle - the realities of chronic cycles of separation and loss, reentry, and...



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