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QUALITATIVE KABBALAH



Condition: New. Publisher/Verlag: AV Akademikerverlag | The Value of Living a Spiritual System | Revision with unchanged content. Traditionally, kabbalah has been understood as an esoteric and theoretical discipline with little practical usage. In light of benefits that have been found for health and well-being in practices of mindfulness and awareness, this book explores the experiences of beginning students with kabbalistic teachings and practices through an introductory course. Particular attention was paid to attitudes, awareness strategies, and other behaviors and...

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- Authored by Oelberger, Richard
- Released at -



Filesize: 8.72 MB

Reviews

This ebook might be worth a read, and superior to other. It is probably the most amazing publication we have read. Your lifestyle period will likely be transform once you total looking over this publication.

-- **Alana McCullough**

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