



Strengthening the Eyes - A New Course in Scientific Eye Training in 28 Lessons by Bernarr Macfadden William H. Bates M. D.: With Better Eyesight Magazine (Black White Edition)

By Bernarr a Macfadden, William H Bates

Createspace, United States, 2011. Paperback. Book Condition: New. 274 x 214 mm. Language: English . Brand New Book ***** Print on Demand *****.Natural Eyesight Improvement-written by Bernarr MacFadden, one of the First Physical Fitness, Natural Health Teachers. MacFadden studied with Ophthalmologist William H. Bates. MacFadden and Bates wrote the Original book. One of the first Eyesight, Vision Improvement Books. Modern treatments are added to this book. 6 Issues of Dr. Bates Better Eyesight Magazine July, 1919 to Dec., 1919 with Dr. Bates Natural Treatments for unclear vision and other eye conditions Eyecharts are included in this Paperback book. (Color Version. See Black and White Version for a lower price.) This book includes 20 Free PDF E-Books; Natural Eyesight (Vision) Improvement Training; +Do It Yourself-Natural Eyesight Improvement-Original and Modern Bates Method-Book with 100+ Color Pictures. Less reading; Easy to learn steps-Read the short directions on the pictures to quickly learn, apply a treatment, activity for Fast Vision Improvement. (All of Dr. Bates, Clark Night s Kindle, PDF Paperback books are in this E-Book.) + Better Eyesight Magazine by Ophthalmologist William H. Bates - (Unedited, Full Set-132 Magazine Issues - 11 Years-July, 1919 to June, 1930.) Illustrated with 500 Pictures and additional,...



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