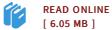


A Journal of Thoughts, Dreams and Impressions: With Tips on How to Stay Fat or Thinking Out Loud (Paperback)

By Ercell H Hoffman

Outskirts Press, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. There is nothing more beautiful than a peaceful life. The trouble with me is that I want it all the time, not just brief snatches. Based on a decade of personal growth and metamorphosis, Ercell Hoffman s inspirational journal reflects her long and tortuous search for happiness. The author s private thoughts, dreams, and impressions make for a powerful backdrop to the story of her commitment to change-her weight, her friendships, her love life, and especially her self-esteem-and her eventual goal of inner peace and contentment. As she becomes a more whole and complete person within herself, rather than always searching for outside fulfillment, her indomitable spirit shines, reminding us that adversity does not have to equal unhappiness.





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A Dog of Flanders: Unabridged; In Easy-to-Read Type (Dover Children's Thrift Classics)

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