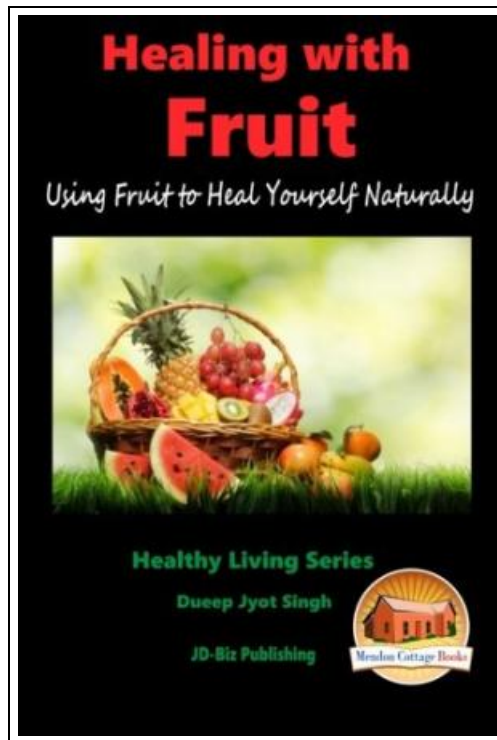


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HEALING WITH FRUIT - USING FRUIT TO HEAL YOURSELF NATURALLY



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Table of Contents HEALING WITH FRUIT Table of Contents Introduction Apple Cough Headache Redness in the Eyes Nausea and Sunstroke Mental Health Grapes Liver Ailments Urinary Infections Constipation And Acidity Grapes for Eye Ailments Irritated Eyes Chronic Fever and TB Oranges and Lemons Oranges For Your Immunity System Heart Problems Typhoid Asthma Pulmonary Pain Bloating Lemon Juice Cure Lemons for Your Teeth Anemia Diarrhea Toothache Pimples Gall Stones and Kidney Stones Itching Blackberries Protection for Summer Travel Sickness Diabetes Throat ailments Watermelons, Musk melons, and Cantaloupes Headaches Hysteria, Neurosis, and Madness Conclusion Author Bio Publisher Introduction Many naturopaths know that vegetables and fruits are excellent healers, but most of these timeworn remedies have been lost, just because we are so used to popping pills and taking short-term shortcuts in healing ourselves. Nature has made our body so adaptable, taking into view its bio - physiological makeup that fruit, vegetables, spices, and other natural products are extremely beneficial in helping to heal natural ailments. This book is going to tell you all about these natural remedies which have been practiced down the millenniums by Wise Men down the ages, to help heal and cure problems. These remedies were also supported with natural products like milk, butter, and yogurt along with honey to provide the body with its deficiency of vitamins, minerals and carbohydrates, which may have been the possible causes of deficiency diseases. Down the ages, men have been using ginger, onions, garlic, radishes, lemons, apples, carrots, different vegetables, herbs, spices, and milk products like yogurt, butter, and milk to provide man with nourishment as well as healing natural materials. However, these remedies were also supplemented...



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