



The Oracle of Health and Long Life, or Plain Rules for the Attainment and Preservation of Sound Health and Vigorous Old Age: With Rational Instructions for Diet, Regimen, C. and the Treatment of

By Medicus Medicus

Forgotten Books, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from The Oracle of Health and Long Life, or Plain Rules for the Attainment and Preservation of Sound Health and Vigorous Old Age: With Rational Instructions for Diet, Regimen, C. And the Treatment of Dyspepsy or Indigestion; Deduced From Personal Experience, and the Best Authors on Dietetics Though a certain period of. Existence is, by the laws of Nature, prescribed to the life of man, yet daily experience proves, that that period may be either shortened or prolonged in a considerable degree, according as the truths relating to health and disease, and the principles of life and death, are understood and called into action. This knowledge; it has been well said, should form an important part of general education; for no axiom is of more indisputable authority than this - that ignorance abridges life, and knowledge extends its duration. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst...



READ ONLINE
[5.68 MB]

Reviews

Most of these ebook is the perfect publication accessible. It is written in easy terms and not difficult to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Anastasia Kihn**

It is straightforward in read through preferable to fully grasp. It is really simplistic but excitement in the 50 percent of the pdf. Your life span will be enhance once you comprehensive looking at this pdf.

-- **Jorge Hammes**